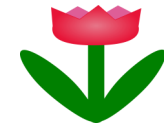




2020

April

2020



# Nursing Home Menu

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

## LUNCH MENU

**Regular**  
**Alternate**

1 **Kielbasa Sausage**  
Braised Cabbage  
Brown Sugar Baked Beans, Maple Apple Crisp  
Seasoned Chicken Breast  
Broccoli Florets  
Yellow Rice

2 **Braised Beef Round Roast**  
Parsley Carrots  
Red Skin Potatoes  
Oatmeal Raisin Cookie  
Garlic Pork Chop, Veg blend, Noodles

3 **Apple Ginger Pork Loin**  
Green Peas  
Rice, Fruit Salad  
Vegetable Quiche  
Spinach w/Garlic

4 **Rancher's Chicken Breast**  
Green Beans  
Garlic Breadstick  
Harvest Baked Apples  
Buttered Orzo  
Cheese Ravioli/Sauce  
Seasoned Zucchini

5 **Hawaiian Baked Ham**  
Brussel Sprouts  
Sweet Potato  
Butterscotch Pudding  
BBQ Chicken Breast  
Broccoli Florets  
Herbed Noodles

6 **Fried Chicken**  
Capri Vegetable  
Cornbread  
Chilled Peaches  
Potato Wedges  
Cheeseburger/Bun  
Calico Coleslaw  
Baked Beans

7 **Breaded Pollock Fish Fillet**  
Green Peas  
Noodles Jefferson  
Fruit Cocktail  
Herbed Pork Chop  
Carrots  
White Rice

8 **Braised Pork Tips**  
Broccoli Florets  
Yellow Rice  
Pineapple Tidbits  
Honey Dijon Chicken Thigh  
Kernel Corn  
Garlic Potato Wedges

9 **Maple Sage Turkey**  
Green Beans, Bread Dressing, Cranberry Applesauce  
Garlic Pork Chop  
Carrots, Parsley Ric

10 **Apple Glazed Ham**  
Beets, Au Gratin Pot.  
Pineapple Upside-Down Cake  
Lemon Pepper Chicken, Kernel Corn  
Buttered Noodles

11 **Baked Ziti/Sauce**  
Caesar Salad  
Garlic Breadstick  
Cinnamon Brown Sugar Blondie  
Smothered Turkey Patty  
Sliced Carrots  
Mashed Potatoes

12 **Balsamic Glazed Pork Loin**  
Zucchini, Red Skin Potato, Scalloped Apples  
Marinated chicken Thigh, Veg. Blend  
Parsley Orzo

13 **Thyme Baked Chicken Thigh**  
Brussel Sprouts  
Sweet Potatoes  
Carrot Cake/Icing  
Swedish Meatballs  
Spinach, Egg Noodles

14 **Lemon Butter Baked Fish**  
Veg. Blend, Rice Pilaf  
Tropical Fruit Salad  
Herbed Chicken Breast  
Green Beans  
Mashed Potatoes

15 **Kielbasa Sausage**  
Seasoned cabbage  
Mashed Potatoes  
Peanutbutter brownie  
Cheeseburger/bun  
Vegetable blend  
Baked Beans

16 **Rosemary Roast Beef Au Jus**  
Parsley Carrots  
Red Skin Potato, Harvest Baked Apple  
Lemon Pepper Fish  
Seasoned Beets  
Buttered Orzo

17 **Chicken Noodle Casserole**  
Green Peas  
Seasoned Rice  
Hamburger Steak  
Green Beans  
Marble cake w/white Frosting

18 **Orange Teriyaki Pork Roast**  
Garlic Green Beans  
Rice, Spiced Pears  
Chicken Tenders  
Vegetable Blend  
Mashed Potatoes

19 **Roast Turkey w/ Gravy**  
Brussels Sprouts  
Pumpkin Cheese-cake  
Sage Bread Dressing  
Salisbury Steak  
Seasoned Spinach  
Herbed Rice

20 **Homestyle Meatloaf w/Ketchup**  
Broccoli Florets  
Au Gratin Potatoes  
Chocolate Ice Cream  
Grilled Cheese Sandwich  
Green Peas  
Parsley Noodles

21 **Baked Stuffed Fish Fillet**  
Spinach w/Garlic  
Rice Pilaf  
Pineapple Tidbits  
Rosemary Chicken Breast  
Carrots  
Potato Wedges

22 **Fried Chicken**  
Kernel Corn  
Cornbread  
Garlic Mashed Potato  
Dutch Apple Pie w/ Crumb Topping  
Parsley Pork Chop  
Broccoli Florets  
Yellow Rice

23 **Encrusted Pork Loin**  
Brussel Sprouts  
Mushroom Noodles  
Sugar Cookie  
Lemon Pepper Chicken  
Kernel Corn  
Mashed Potatoes

24 **Maple Dijon chicken Thigh**  
Sliced Beets  
Steamed Rice  
Spiced Peaches  
Smothered Steak  
Green Beans  
Parsley Orzo

25 **Shepherd's Pie**  
Vegetable Blend  
Deluxe Fruit Salad  
Garlic Baked Pork Chop  
Green Peas  
Parsley Noodles

26 **Turkey w/ Cranberry Glaze**  
Green Beans  
Pumpkin Pie  
Sweet Potato Souffle  
Spinach & Cheese

27 **Salisbury Steak**  
Sliced Glazed Carrots  
Fruit Cocktail  
Duchess Mashed Potatoes  
Chicken Tenders

28 **Cornflake Crusted Fish Fillet**  
Green Peas  
Vanilla Ice Cream  
Parsley Rice  
BBQ Meatballs

29 **Kielbasa Sausage**  
Braised Cabbage  
Brown Sugar Baked Beans, Maple Apple Crisp  
Seasoned Chicken

30 **Braised Beef Round Roast**  
Parsley Carrots  
Red Skin Potatoes  
Oatmeal Raisin Cookie  
Garlic Pork Chop

\*\*Meals served with a choice of: Dinner Roll or bread, and Coffee, Hot Tea, Milk