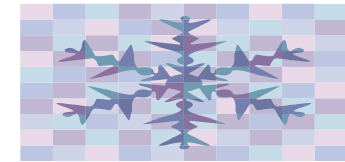




2019

DECEMBER

2019



**Nursing Home Menu**

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p><b>1 Encrusted Pork Loin</b> Brussel Sprouts Mushroom Noodles Sugar Cookie Lemon Pepper Chicken Kernel Corn Mashed Potatoes</p>	<p><b>2 Maple Dijon chicken Thigh</b> Sliced Beets Steamed Rice Spiced Peaches Smothered Steak Green Beans Parsley Orzo</p>	<p><b>3 Shepherd's Pie</b> Vegetable Blend Deluxe Fruit Salad Garlic Baked Pork Chop Green Peas Parsley Noodles</p>	<p><b>4 Turkey w/ Cranberry Glaze, Gravy</b> Green Beans, Sweet Potato Souffle, Pumpkin Pie Spinach/Cheese Quiche, Zucchini &amp; Onions</p>	<p><b>5 Salisbury Steak</b> Sliced Glazed Carrots Duchess Mashed Pot. Fruit Cocktail Chicken Tenders Kernel Corn Buttered Noodles</p>	<p><b>6 Cornflake Crusted Fish Fillet</b> Green Peas Parsley Rice Ice Cream BBQ Meatballs Sliced Carrots Egg Noodles</p>	<p><b>7 Kielbasa Sausage</b> Braised Cabbage Brown Sugar Baked Beans, Maple Apple Crisp Seasoned Chicken Breast Broccoli Florets Yellow Rice</p>
<p><b>8 Braised Beef Round Roast</b> Parsley Carrots Red Skin Potatoes Oatmeal Raisin Cookie Garlic Pork Chop, Veg blend, Noodles</p>	<p><b>9 Apple Ginger Pork Loin</b> Green Peas Rice, Fruit Salad Vegetable Quiche Spinach w/Garlic</p>	<p><b>10 Hawaiian Baked Ham</b> Brussel Sprouts Sweet Potato Butterscotch Pudding BBQ Chicken Breast Broccoli Florets Herbed Noodles</p>	<p><b>11 Fried Chicken</b> Vegetable blend Cornbread, Potato Wedges, Peaches Cheeseburger/bun Calico Coleslaw Baked Beans</p>	<p><b>12 Lasagna w/ Meatsauce</b> Caesar Salad Garlic Breadstick Tropical Fruit Salad Egg Salad Sandwich Cucumber Salad Potato Chips</p>	<p><b>13 Breaded Pollock Fish Fillet</b> Green Peas Noodles Jefferson Fruit Cocktail Herbed Pork Chop Carrots White Rice</p>	<p><b>14 Braised Pork Tips</b> Broccoli Florets Yellow Rice Pineapple Tidbits Honey Dijon Chicken Thigh Kernel Corn Garlic Potato Wedges</p>
<p><b>15 Maple Sage Turkey</b> Green Beans, Bread Dressing, Cranberry Applesauce Garlic Pork Chop Carrots, Parsley Rice</p>	<p><b>16 Apple Glazed Ham</b> Beets, Au Gratin Pot. Pineapple Upside- Down Cake Lemon Pepper Chick- en, Kernel Corn Buttered Noodles</p>	<p><b>17 Baked Ziti/Sauce Ham</b> Caesar Salad Garlic Breadstick Cinnamon Brown Sug- ar Blondie Smothered Turkey Patty Sliced Carrots Mashed Potatoes</p>	<p><b>18 Balsamic Glazed Pork Loin</b> Zucchini, Red Skin Potato, Scalloped Ap- ples Marinated chicken Thigh, Veg. Blend Parsley Orzo</p>	<p><b>19 Thyme Baked Chicken Thigh</b> Brussel Sprouts Sweet Potatoes Carrot Cake/Icing Swedish Meatballs Spinach, Egg Noodles</p>	<p><b>20 Lemon Butter Baked Fish</b> Veg. Blend, Rice Pilaf Tropical Fruit Salad Herbed Chicken Breast Green Beans Mashed Potatoes</p>	<p><b>21 Kielbasa Sausage</b> Seasoned cabbage Mashed potatoes Peanutbutter brownie Cheeseburger/bun Vegetable blend Baked Beans</p>
<p><b>22 Rosemary Roast Beef Au Jus</b> Parsley Carrots Red Skin Potato, Harvest Baked Apple Lemon Pepper Fish Seasoned Beets Buttered Orzo</p>	<p><b>23 Chicken Noodle Casserole</b> Green Peas Seasoned Rice Hamburger Steak Green Beans Marble cake w/white Frosting</p>	<p><b>24 Orange Teriyaki Pork Roast</b> Garlic Green Beans Rice, Spiced Pears Chicken Tenders Vegetable Blend Mashed Potatoes</p>	<p><b>25 Christmas Holiday Menu-- To Be Announced</b></p>	<p><b>26 Homestyle Meatloaf w/Ketchup</b> Broccoli Florets Au Gratin Potatoes Chocolate Ice Cream Grilled Cheese Sand- wich Green Peas Parsley Noodles</p>	<p><b>27 Baked Stuffed Fish Fillet</b> Spinach w/Garlic Rice Pilaf Pineapple Tidbits Rosemary Chicken Breast Carrots Potato Wedges</p>	<p><b>28 Fried Chicken</b> Kernel Corn Cornbread Garlic Mashed Potato Dutch Apple Pie w/ Crumb Topping Parsley Pork Chop Broccoli Florets Yellow Rice</p>
<p><b>29 Encrusted Pork Loin</b> Brussel Sprouts Mushroom Noodles Sugar Cookie Lemon Pepper Chicken</p>	<p><b>30 Maple Dijon chicken Thigh</b> Sliced Beets Steamed Rice Spiced Peaches Smothered Steak Green Beans</p>	<p><b>31 Shepherd's Pie</b> Vegetable Blend Deluxe Fruit Salad Garlic Baked Pork Chop Green Peas Parsley Noodles</p>	<p><b>LUNCH MENU</b> <b>Regular</b> <b>Alternate</b></p>			<p>**Meals served with a choice of: Dinner Roll or bread, and Coffee, Hot Tea, Milk</p>