

2019 DECEMBER 2019 2019

Nursing Home Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Grilled Cheese Sandwich w/Tomato Soup Zucchini, Potato Wedges, Chilled Pears Hamburger Steak Spinach Buttered Rice	2 Herb & Lemon Fish Fillet Broccoli Florets Baked Potato Double Chocolate Brownie Meatballs w/Gravy Carrots, Parsley Rice	3 Baked Ziti w/Italian Sausage Caesar Salad Garlic Bread Lemon Cake w/Icing Egg Salad Sandwich Mixed marinated Veg. Potato Chips	4 Sweet & Sour Pork Veg. Blend Yellow Rice Mandarin Oranges Marinated Chicken Thigh Green Peas Buttered Noodles	5 Chicken, Bacon & Ranch Sandwich Dixie Coleslaw TaterTots Butterscotch Pudding Thin Crust Cheese Pizza Zucchini	6 Cheese Ravioli w/ Sauce Balsamic/Parm Cauliflower, Garlic Breadstick, Spiced Pears Turkey Burger/bun Green Bean Salad Potato Chips	7Philly Cheesesteak Sandwich Cucumber & Onion Salad, French Fries Yellow Cake/Frosting Fish Fillet/bun Calico Coleslaw Steamed Rice
8 Chicken Tenders Green Beans Mac & Cheese, Chilled Peach Parfait Hamburger/bun Calico Coleslaw French Fries	9 Open-face Turkey Sandwich/Gravy Kernel Corn, Mashed Potatoes, Brownie Kielbasa Sausage Braised Cabbage Herbed Rice	10 Homestyle Meat-loaf w/Ketchup Honey Carrots Au Gratin Potatoes Pumpkin Cheesecake Bar Smothered Turkey Patty, Beets, Noodles	11Herb Baked Fish Stewed Tomatoes Parsley Rice Pear Crisp Meatballs w/Gravy Green Peas Mashed Potatoes	12 Lasagna w/Sauce Caesar Salad Garlic Bread Lemon Bar Egg Salad Sandwich Cucumber Salad Potato Chips	13Chicken Soft Taco w/Flour Tortilla Mexican Corn Black Beans, Sherbet Hamburger Steak/ grilled onions Zucchini Buttered Rice	14 Minestrone Soup, Thin Crust Pizza Garlic Spinach Parm Breadstick, Choc Chip Cake Parsley Pork Chop Vegetable blend Roasted Potatoes
15 Sweet & Sour Meatballs Broccoli Florets Steamed Rice, oatmeal Raisin Cookie Herbed Baked Fish Zucchini Buttered Noodles	16 Breaded Fish Fillet on a Bun Vegetable Blend French Fries Peach Parfait Salisbury Steak Green Peas Yellow Rice	17Hearty Veg. Soup & Chicken Salad Sandwich Green Bean Salad Potato Chips Mandarin Oranges Mushroom/Cheese Quiche, Spinach	18 Beef Pepper Steak Peas & Carrots Buttered Rice Butterscotch Pudding BBQ Pork Chop Broccoli Florets Potato Wedges	19 Baked Mac & Cheese Stewed Tomatoes Fruit Cocktail Egg Salad Sandwich Mixed Veg. Salad Potato Chips	20 Grilled Turkey & Swiss Cheese Sand. Cucumber & Onion Salad Vanilla Ice Cream, French Fries Smothered Steak Kernel Corn Buttered Noodles	21Cheese Ravioli w/ Sauce Salad w/dressing Garlic Bread, Peach Crisp Rotisserie Chicken Breast, Zucchini Herbed Rice
22 Honey Glazed Ham Spinach Au Gratin Snickerdoodle Cookie Herbed Rice Marinated Chicken Thigh Brussel Sprouts Mashed Potatoes	23 Breaded Fish Fillet Calico Coleslaw Fruit Salad, French Fries Breaded Chicken/bun Broccoli Florets Macaroni Salad	24 Thin Crust Cheese Pizza Salad w/dressing Butterscotch Pudding Meatballs w/Gravy Vegetable Blend Buttered Noodles	25Chicken Chili Cheese Quesadilla Mexican Corn Fruit Salad Garlic Pork Chop Carrots Buttered Rice	26 BBQ Pork/bun Zucchini & Onions Sliced Peaches TaterTots Rotisserie Chicken Kernel Corn Parsley Orzo	27 Chicken Parmesan w/Spaghetti Parsley Cauliflower Lemon Bar Hamburger Steak Green Peas Mashed Potatoes	28 Swedish Meatballs Glazed Carrots Fruit Cocktail Egg Noodles Smothered Turkey Patty Vegetable Blend Herbed Rice
29 Grilled Cheese Sandwich w/Tomato Soup Zucchini, Potato Wedges, Chilled Pears Hamburger Steak Spinach	30 Herb & Lemon Fish Fillet Broccoli Florets Baked Potato Double Chocolate Brownie Meatballs w/Gravy	31 Baked Ziti w/Italian Sausage Caesar Salad Garlic Bread Lemon Cake w/Icing Egg Salad Sandwich Mixed marinated Veg.	<u>DINNER MENU</u> Regular Alternate			**Meals served with Coffee or Hot Tea, Milk and Dinner Roll/ Bread