



2019

NOVEMBER

2019

Nursing Home Menu



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Meals served with a choice of: Dinner Roll or bread, and Coffee, Hot Tea, Milk

LUNCH MENU

**Regular
Alternate**

1 Lemon Butter Baked Fish Fillet
Broccoli Florets
Fresh Fruit Cup
Parsley Orzo
Grilled Cheese Sandwich, Yellow Squash
Tater Tots

2 Sweet Garlic Chicken Breast
Sugar Snap Peas
Sugar Cookie
Pineapple Rice Pilaf
Hamburger Steak
Green Beans
Parsley Noodles

3 Meatballs w/ Marinara Sauce
Spaghetti Noodles
Baked Zucchini
Garlic Bread
Vanilla Ice Cream
Parsley Chicken
Green Beans, Rice

4 Roast Turkey w/ Gravy
Glazed Carrots
Yellow Cake w/White Frosting, Mashed Pot.
Smothered Steak
Green Peas
Parsley Noodles

5 Cornflake Chicken Breast
Capri Veg. Blend
Fresh Fruit Cup
Cheesy Rice
Thin Crust cheese
Pizza
Tossed Salad

6 Egg Salad Sandwich on Croissant
Tomato Basil Salad
Deluxe Fruit Salad
Dill Mac Salad
Ham & Cheese Sandwich, Cucumber & Onion Salad, Chips

7 Braised Pork Tips
Spinach w/Garlic
Cherry Crisp
Rice Pilaf
Chicken Tenders
Green Beans
Buttered Noodles

8 Herb Baked Fish
Steamed Asparagus
Lemon Bar
Buttered Orzo
Smothered Turkey
Patty, Carrots
Red Skin Potatoes

9 Fried Chicken
Kernel Corn
Scalloped Apples
Garlic Mashed Potato
Salisbury Steak
Broccoli Florets
Egg Noodles

10 Savory Roasted Pork Loin
Zucchini & Onions
Pear Crisp
Yellow Rice
Hamburger Steak
Spinach, Garlic
Roasted Red Skin Potatoes

11 Homestyle Meatloaf w/ Ketchup
Peas & Carrots
Spiced Apple
Duchess Mashed Pot.
Lemon Pepper Fish
Roasted Tomato
Kernel Corn

12 Thyme Chicken Breast
Capri Veg. Blend
Chocolate Pudding
Mushroom Noodles
Meatballs w/Gravy
Green Peas
Parsley Rice

13 Italian Sausage
Green Beans
Lemon Cake w/Icing
Garlic Potato Wedges
Breaded Chicken on Bun
Kernel Corn
Herb Noodles

14 Lasagna w/ Meatsauce
Caesar Salad
Garlic Breadstick
Tropical Fruit Salad
Egg Salad Sandwich
Cucumber Salad
Potato Chips

15 Breaded Pollock Fish Fillet
Seasoned Spinach
Sour Cream Orange Cake, Aug Gratin Pot.
Salisbury Steak
Carrots
Buttered Rice

16 Turkey Rice Casserole
Broccoli Florets
Chilled Pears
Glazed Baked Ham
Kernel Corn
Parsley Orzo

17 Fried Chicken
Calico Coleslaw
Cornbread
Deluxe Fruit Salad
Ranch Style Potato
Tuna Salad Sandwich
Cucumber & Onion Salad, Mac Salad

18 Honey Glazed Ham
Broccoli Florets
Pineapple Tidbits
Sweet Potato
Herb Chicken Breast
Kernel Corn
Parsley Noodles

19 Baked Ziti/Sauce
Spinach w/Garlic
Parmesan Breadstick
Chocolate Cream Pie
Egg Salad Sandwich
Green Bean Salad
Potato Chips

20 Rosemary Pork Loin
Asparagus Cuts
Tropical Fruit Salad
Mushroom Rice
Sweet & Sour
Meatballs, Carrots
Egg Noodles

21 Beef Pepper Steak w/ Gravy
Green Beans
Strawberry Shortcake
Garlic Mashed Potato
BBQ Pork Chop
Capri Veg. Blend
Yellow Rice

22 Butter Crumb Fish Fillet
Sugar Snap Peas
Fruit Cocktail
Herb Potato Wedges
Smothered Turkey
Patty, Carrots
Parmesan Noodles

23 Honey Dijon Chicken Breast
Capri Veg. Blend
Cherry Cheesecake
Rice Pilaf
Hamburger on a Bun
Green Peas
Buttered Orzo

24 Roast Beef Au Jus
Sauteed Spinach
Apple Crisp
Red Skin Potato
Basil Pork Chop

25 Chicken Parmesan
Green Beans
Garlic Breadstick
Peach Shortcake, Ziti
Lemon Pepper Fish

26 Garlic Herb Pork Tenderloin
Zucchini & Onions
Chilled Pears
Oven Potatoes
Rosemary Chicken

27 Tuna Salad Sandwich on Croissant
Cucumber & Onion Salad, Orange Sherbet
Garden Pasta Salad

28 Thanksgiving Holiday Menu- To Be Announced

29 Lemon Butter-Baked Fish Fillet
Broccoli Florets
Fresh Fruit Cup
Parsley Orzo
Grilled Cheese Sand-

30 Sweet Garlic Chicken Breast
Sugar Snap Peas
Sugar Cookie
Pineapple Rice Pilaf
Hamburger Steak