

2019 **November 2019** 2019

Nursing Home Menu

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**Meals served with Coffee or Hot Tea, Milk and Dinner Roll/ Bread		<u>DINNER MENU</u> Regular Alternate			1 Baked Ziti with Cheese Caesar Salad Garlic Bread Butterscotch Pudding Smothered Turkey Patty, Green Peas Mashed Potatoes	2 Philly Cheese Steak Sandwich Mixed Veg. Salad Chilled Peach Parfait French Fries Breaded Chicken on a Bun, Squash Medley Macaroni Salad
3 Kielbasa Sausage Braised Cabbage Pineapple Tidbits Garlic Redskin Potato ButterCrumb Fish Kernel Corn Parsley Noodles	4 Chicken Soft Taco w/Flour Tortilla Salsa Salad Tropical Fruit Salad Black Beans Garlic Pork Chop Spinach Yellow Rice	5 BBQ Pork Platter Southern Style Green Beans, Cornbread Blonde Brownie Sweet Potato Swedish Meatballs Carrots Parmesan Noodles	6 Beef Pepper Steak w/Gravy Green Peas Choc. Chip Cookie Mashed Potatoes Lemon Pepper Chick- en, Zucchini Seasoned Rice	7 Tuna Melt Sand- wich Broccoli Salad Seedless Watermelon French Fries Hamburger on a Bun Capri Veg. Blend Garden Pasta Salad	8 Cheese Ravioli w/ Meat Sauce Caesar Salad Garlic Breadstick Chilled Peach Parfait Chicken Fillet on Bun Squash Salad Potato Chips	9 Hot Dog on a Bun Baked Beans Cucumber & Onion Salad, S'more Brown- ie Breaded Fish Fillet Calico Coleslaw Mac & Cheese
10 Chicken Tenders Mixed Veg. Salad Peanut Butter Cookie French Fries Vegetable Quiche Tossed Salad	11 Citrus Glazed Turkey w/Gravy Broccoli Florets Orange Sherbet Rice Pilaf Honey Dijon Pork Chop, Green Beans Sweet Potato	12 Ham & Swiss Sandwich on Wheat Calico Coleslaw Fresh Fruit Cup Potato Chips Tuna Salad Sandwich Tomato & Onion Salad Macaroni Salad	13 Herb & Lemon Fish Fillet Sugar Snap Peas Chilled Peach Parfait Buttered Orzo Chicken Breast Zucchini Parsley Rice	14 Rancher's Chick- en Breast Squash Medley Chocolate Brownie Baked Potato BBQ Pork Chop Capri Veg. Blend Egg Noodles	15 Baked Macaroni & Cheese Stewed Tomatoes Seedless Watermelon Thin Crust Cheese Pizza Tossed Salad	16 Cheeseburger on a Bun Cucumber & Onion Salad Choc. Chip Cookie Tater Tots Hot Dog on a Bun Baked Beans Green Bean Salad
17 Swedish Meatballs Green Peas Peach Pie w/Crumb Topping, Butter Noo- dles Garlic Pork Chop Carrots, Mashed Pot.	18 Breaded Fish Fillet Squash Medley Lemon Cake/Icing Cheesy Rice Smothered Steak Capri Veg. Blend Parsley Orzo	19 Tomato Soup w/ Grilled Ham & Cheese Sandwich Tossed Salad, Fruit Cup, French Fries Chicken Fillet/Bun Dixie Coleslaw Kernel Corn	20 chicken Enchilada Casserole Salsa Salad Blonde Brownie Black Beans Beef Stuffed Green Peppers Braised Cabbage	21 Cheese Ravioli w/ Sauce Caesar Salad Garlic Bread Seedless Watermelon Salisbury Steak Spinach Parsley Rice	22 Chicken Salad on Croissant Cucumber & Tomato Salad Snickerdoodle Cookie Mac Salad Thin Crust Cheese Pizza, Broccoli Salad	23 Kielbasa Sausage Seasoned Cabbage Chilled Peach Parfait Mashed Potatoes Chicken Tenders Green Beans Herb Noodles
24 Turkey Salad Sandwich Cucumber Salad Peanut Butter cookie Dill Macaroni Salad Egg Salad Sandwich Broccoli Salad Potato Chips	25 Swiss Steak w/ Gravy Kernel Corn Seedless Watermelon Cubes, Herb Mashed Potatoes Baked Mac & Cheese Spinach	26 Thin Crust Cheese Pizza Tossed Salad Chocolate Chip Cook- ie w/White Frosting Meatballs w/Gravy Broccoli Florets	27 Honey Glazed Turkey w/Poultry Gravy Herbed Green Beans Fruit Cocktail Baked Potato Herb Baked Fish Zucchini	28 Thanksgiving Holiday Menu– To Be Announced	29 Baked Ziti with Cheese Caesar Salad Garlic Bread Butterscotch Pudding Smothered Turkey Patty, Green Peas Mashed Potatoes	30 Philly Cheese Steak Sandwich Mixed Veg. Salad Chilled Peach Parfait French Fries Breaded Chicken on a Bun, Squash Medley Macaroni Salad