



2019  **November**  2019
Nursing Home Menu



SUNDAY

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

SATURDAY

LUNCH MENU

Regular
Alternate

		<p>1 Fried Fish French Fries Coleslaw Tropical Fruit Salad Mexican Omelet w/ Sour Cream & Salsa Hash Brown Patty</p>		<p>2 Ham & Potato Cheddar Bake Spinach Pears Breaded Chicken Drumsticks Mashed Potatoes Cauliflower</p>		
<p>3 Corned Beef Boiled Potatoes, Cabbage & Carrots Cherry Pie Roast Pork w/Gravy Mashed Potatoes Green Beans</p>	<p>4 Meatloaf w/Ketchup Mashed Potatoes Roasted Brussel Sprouts Peaches Roast Turkey Mashed Potatoes</p>	<p>5 Creamy Noodles & Ham Mixed Vegetables Gingerbread w/ Topping Breaded Fish & Cheese on a Bun w/Lettuce & Tom.</p>	<p>6 Chili & Cheese Cornbread Tossed Salad Banana Vegetable Lasagna w/Alfredo Sauce California Blend Veg</p>	<p>7 Turkey Ala King over Biscuit Peas Cranberry Crunch w/Topping Broccoli Cheese Frittata Home Fries</p>	<p>8 Panko Breaded Fish Tater Tots Coleslaw Chocolate Mousse Honey Garlic Pork Chop Mashed Potatoes</p>	<p>9 Parmesan Crusted Chicken Breast Rice Pilaf Capri Blend Veggies. Blushing Pears Four Cheese Pasta Stewed Tomatoes</p>
<p>10 Roast Beef w/Gravy Mashed Potatoes Fresh Carrots Pumpkin Whip Baked Ham Sweet Potato</p>	<p>11 Sweet & Sour Pork over Rice Oriental Vegetables Peaches Italian Baked Fish Mashed Potatoes Harvard Beets</p>	<p>12 Pepper Steak w/Gravy Rosemary Red Potatoes Prince William Veggies. Texas Sheet Cake Spinach Quiche Warm Biscuit</p>	<p>13 Spaghetti & Meatballs Garlic Bread Tossed Salad Tropical Fruit Salad Ham Loaf w/Fruit Sauce Sweet Potatoes</p>	<p>14 Hot Turkey Sandwich w/Gravy Hubbard Squash Apple Crisp Liver & Onions Mashed Potatoes Capri Blend Veg.</p>	<p>15 Fish Fry Potato Salad Coleslaw Pears Cornbread Casserole Green Beans</p>	<p>16 Chicken Alfredo over Linguini Broccoli Pineapple Tidbits Stuffed Cabbage Rolls w/Meat Sauce Cauliflower</p>
<p>17 Pot Roast w/Gravy Mashed Potatoes Baby Carrots Lemon Meringue Pie Roast Pork w/Gravy</p>	<p>18 Italian Chicken Buttered Noodles Capri Blend Veggies. Raspberry Peaches Seafood Alfredo Broccoli</p>	<p>19 Ginger Baked Ham AuGratin Potatoes California Blend Veg Molasses Cookie Stuffed Peppers w/ Meat Sauce Mashed Potatoes</p>	<p>20 Beef Stew over Biscuit Corn Blushing Pears Turkey Tetrazzini Spinach</p>	<p>21 Macaroni & Cheese Stewed Tomatoes Vanilla Cupcake Cheddar Baked Fish Mashed Potatoes Carrots</p>	<p>22 Homemade Lasagna Garlic Bread Tossed Salad Grapes 3 Cheese Quiche O'Brien Potatoes Carrots</p>	<p>23 Apple Spiced Pork Roast Baked Potato w/SC Brussel Sprouts Banana Pudding w/Topping Smothered Chicken Breast</p>
<p>24 Roast Turkey w/Gravy Stuffing Green Beans w/ Sour Cream Cranberry Sauce Dutch Apple Pie Corned Beef</p>	<p>25 Chicken Parmesan Penne Pasta w/ Marinara Sauce Capri Blend Veggies. Ice Cream Lemon Pepper Baked Fish</p>	<p>26 Breaded Pork Chop Scalloped Potatoes Hubbard Squash Sugar Cookie Honey Orange Chicken Breast Rice Pilaf</p>	<p>27 Beef Stroganoff Roasted Brussel Sprouts Mandarin Oranges Vegetable Lasagna w/Alfredo Sauce Green Beans</p>	<p>28 Turkey Stuffing, Mashed Potatoes, Hubbard Squash, Cranberry Sauce, Pickles & Olives, Hawaiian Dinner Roll, Assorted Pies & Fruit Ham Mashed Potatoes</p>	<p>29 Fried Fish French Fries Coleslaw Tropical Fruit Salad Mexican Omelet w/ Sour Cream & Salsa Hash Brown Patty</p>	<p>30 Ham & Potato Cheddar Bake Spinach Pears Breaded Chicken Drumsticks Mashed Potatoes Cauliflower</p>



2019  **November**  2019
Nursing Home Menu



SUNDAY

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

SATURDAY

DINNER MENU

Regular
Alternate

						1	Spanish Rice Prince William Veggies. Apple Orchard Bar Pulled BBQ Pork Empanada Tossed Salad	2	Homemade French Onion Soup Shepherd's Pie Chocolate Chip Cookie Turkey Club on Croissant				
						3	Hot Dog on Roll w/Cheese Sauce Homemade Baked Beans California Blend Veg Pineapple Tidbits Grilled Swiss Cheese Sandwich	4	Homemade Broccoli & Cheese Soup Deluxe Egg Salad Sandwich on Wheat Chiffon Whip Cheeseburger on Bun	5	Chicken Tenders French Fries Tomato Juice Cinnamon Applesauce Liverwurst on Rye Yellow Squash	6	Homemade Italian Wedding Soup Tuna Sub w/Tomato & Lettuce Peanut Butter Cookie BBQ Pork Ribs on a Bun
10	Pepperoni Pizza on Sour Dough 3 Bean Salad Tropical Fruit Egg & Cheese on an English Muffin Tomato Juice	11	Homemade Tomato Basil Soup Warm Turkey & Cheddar Sandwich on Croissant Sherbet Grilled Rye	12	Homemade Mushroom Barley Soup Grilled Tuna Melt Banana Waffle Ham Steak Tomato Juice	13	Breaded Chicken Sandwich on a Bun Roasted Brussel Sprouts Butterscotch Pudding BLT on Toast Key Largo Veggies.	14	Homemade California Medley Soup BBQ Pork on Bun Mandarin Oranges Cottage Cheese Cold Plate w/ Peach, Pear Mix	15	Goulash Yellow Squash Peanut Butter Brownie Bologna & Cheese Sandwich Italian Blend Veggies.	16	White Pizza on Flatbread Tossed Salad Bread Pudding Egg Patty & Cheese on Croissant Peas & Onions
17	Taco Casserole Fiesta Corn Fruit Cocktail Tuna Burger on a Bun Winter Blend Veggies.	18	Homemade Corn Chowder Honey Mustard Turkey Sandwich on Flatbread Banana Chocolate Chip Muffin Philly Cheesesteak	19	Bratwurst Pierogi's Sauerkraut Cinnamon Applesauce Tomato Soup Grilled Cheese Sandwich	20	Homemade Bean Soup Chicken Cordon Bleu Sandwich Ice Cream Egg Salad Sandwich Key Largo Veggies.	21	Ham & Swiss on Rye Bread Dill Pickle Pickled Beets Fruited Jello w/ Topping Grilled Pot Roast Sandwich	22	Breaded Fish & Cheese on Bun Tartar Sauce Coleslaw Pumpkin Cream Cheese Cookie Sandwich Turkey Salad/Pita	23	Chicken Noodle Soup Roast Beef Sub Lettuce & Tomato 3 Bean Salad Orange Slices Sausage Gravy over Biscuit
24	Italian Beef Casserole Mixed Vegetables Pineapple Tidbits Tuna Sandwich Peas & Carrots	25	Chili & Cheese Corn Muffin Chuckwagon Corn Fruit Cocktail Salami & Swiss on Rye Bread Harvard Beets	26	Tuna Noodle Casserole Peas Fruited Gelatin w/ Topping Cold Meatloaf Sandwich Wax Beans	27	Potato Bacon Soup Ham Salad on Brioche Roll Lettuce & Tomato Marble Cake Chipped Beef over Toast	28	Italian Sausage Tortellini Alfredo Scandinavian Blend Vegetables Peaches Dijon Grilled Chicken Sandwich	29	Spanish Rice Prince William Veggies. Apple Orchard Bar Pulled BBQ Pork Empanada Tossed Salad	30	Homemade French Onion Soup Shepherd's Pie Chocolate Chip Cookie Turkey Club on Croissant