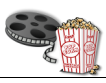










September 2019



The Pines Healthcare & Rehabilitation Center - Machias
 Programs are Subject to change.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Say it with Music (ou) 2pm Worship Service w/ Delevan Baptist Church (ch) 3pm Music w/ The Sprague's (gr)	2 LABOR DAY! Aroma Therapy (cy) 10:30am Labor Day Fun Facts & Trivia (gr) 2pm Cash Bingo (gr)	3 Humor Ball Fun (ou) 2PM SCENIC RIDE & STOP FOR ICE CREAM Football Trivia (ou) 7pm Music w/ Pete & Friends (gr)	4 Aroma Therapy (ju) Sit & Stretch (ou) 2pm Sing A Long (gr) 3pm - 4pm Nail Care (beauty shop)	5 NFL SEASON STARTS 9AM BUFFALO ZOO 10:30am Stories w/ Mary (ch) 2pm Worship w/ Pastor Charlie (ch)	6 Aroma Therapy (ce) 11am Catholic Service (ch) 2pm Balloon Volley (gr)	7 10:30am Uno (gr) 2pm Movie "Dolphin Tale" & Popcorn w/ The Sherwoods (gr) 
8 NATIONAL GRANDPARENTS DAY FAMILY FUN DAY! 	9 Room Reading (cy) September in History (ou) 10:30am Bible Study w/ Jehovah Witness (ch) 2pm Prize Bingo (gr)	10 Moving to Music (ou) Patio Visits (ou) 2pm Resident Council (gr) Trivia Time (ou)	11 Room Reading (ju) 10:30am Giant Crossword Puzzle (gr) 2pm Music w/ Roger Hill (gr) 3pm-4pm Nail Care (beauty shop) 7pm K of C Bingo (gr)	12 10:30am Stories w/ Mary (ch) 12pm Order Out Lunch from John & Mary's (gr) 2pm Bowling (gr)	13 FRIDAY THE 13TH Room Reading (ce) 11am Catholic Service (ch) 2pm Apple Pie Social (gr) 7pm Hymns w/ Mennonites (gr)	14 FULL MOON 10am Coffee Hour w/ Yesteryear Band (gr) 2pm Timeless Trivia (gr)
15 Ping Pong Toss (ou) 2pm Worship Service w/ Calvary Community Chapel (ch) 3pm Music w/ The Sprague's (gr)	16 Hand Massages (cy) Balloon Volley (ou) 2pm Cash Bingo (gr) 	17 PLEDGE ACROSS AMERICA Fall Craft (ou) 2pm Monthly Birthday Party & Music w/ Dave Stockton (at 2pm Join in and recite the Pledge of Allegiance) (gr)	18 Hand Massage (ju) Target Toss (ou) Pet Visit w/ Freckles (ou) 2pm Lucky Eight Game (gr) 3pm-4pm Nail Care (beauty shop)	19 10:30am Stories w/ Mary (ch) 12pm Couples Luncheon (gr) 2pm Men's Club (gr)	20 Hand Massage (ce) 11am Catholic Service (ch) 2pm Minute to Win it Games (gr)	21 NATIONAL EAT AN APPLE DAY! 10:30am Faces & Places (gr) 2pm Apple Fun Facts (gr) 
22 10:30am "Gilligan's Island" (gr) 2pm Worship Service w/ Lighthouse Baptist Church (ch)	23 AUTUMN BEGINS  Fall Picture Books (cy) "Fall" Walks & Talks (os) 2pm Autumn Bingo (gr)	24 9:30AM WALMART & LUNCH @ SUBWAY 10:30am Food Council (gr) 2pm Fun w/ The Wii (gr)	25 Fall Picture Books (ju) 10:30am Pioneer Christian Fellowship (ch) 2pm Red Hatters (gr) 3pm-4pm Nail Care (beauty shop) 7pm K of C Bingo (gr)	26 8AM BREAKFAST @ THE STATION 10:30am Stories w/ Mary (ch) 2pm Crafters Delight (gr)	27 Fall Picture Books (ce) Toss the Apple (ou) 2pm Catholic Mass w/ Father Patrick (ch) Popcorn Visit (ou) 7pm Music w/ Dave & Friends (gr) ((gr))	28 10am Coffee Hour w/ Yesteryear Band (gr) 2pm Yahtzee (gr) 
29 NATIONAL COFFEE DAY 10am Deluxe Coffee Hour (gr) 2pm Worship Service w/ Arcade United Methodist Church (ch)	30  10am Petting Zoo (os) (weather permitting) 2pm Cash Bingo (gr)	Tuesdays at 3:30pm Card playing in the Juniper Extra Dining Room	Cypress (cy) Juniper (ju) Cedar (ce) Evergreen (ev) Chapel (ch) On Units (ou) Outside (os)	Thursdays at 10am Adult Coloring & Conversation in the Grove	Every Sunday Ice Cream for Sale in the Front Foyer 2pm - 4pm	MORNING MINGLE DELIVERD DAILY