



2019

SEPTEMBER

2019



Nursing Home Menu

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

<p>1 Roast Beef Au Jus Spinach Apple Crisp Redskin Potatoes Basil Pork Chop Zucchini Buttered Rice</p>	<p>2 Chicken Parmesan Green Beans Garlic Breadstick Peach Shortcake Herb Ziti Lemon Pepper Fish Carrots, Roast Potato</p>	<p>3 Garlic Herb Pork Loin Zucchini & Onions Chilled Pears, Potatoes Rosemary Chicken Green Beans Buttered Noodles</p>	<p>4 Tuna Salad on Croissant Cucumber & Onion Salad, Orange Sherbet Garden Pasta Salad Ham & Cheese Sand. Dixie Coleslaw Potato Chips</p>	<p>5 Homestyle Meatloaf w/Ketchup Dill Carrots Strawberries & Banana Au Gratin Potatoes Rancher's Pork Chop Spinach Rice Pilaf</p>	<p>6 Lemon Butter Baked Fish Broccoli Florets Breadstick, Fresh Fruit Parsley Orzo Grilled Cheese Sand. Yellow Squash Tater Tots</p>	<p>7 Sweet Garlic Chicken Sugar Snap Peas Sugar Cookie Pineapple Rice Pilaf Hamburger Steak Green Beans Parsley Noodles</p>
<p>8 Meatballs with Marinara Sauce Spaghetti Noodles Baked Zucchini Vanilla Icecream Parsley Chicken Green Beans Buttered Rice</p>	<p>9 Roast Turkey With Gravy Glazed Carrots Yellow Cake w/White Frosting, Mashed Pot. Smothered Steak Green Peas Parsley Noodles</p>	<p>10 Cornflake Chicken Capri Veg. Blend Fresh Fruit Cup Cheesy Rice Thin Crust Cheese Pizza Tossed Salad w/ Dressing</p>	<p>11 Egg Salad on Croissant Tomato Basil Salad Deluxe Fruit Salad Creamy Dill Mac Salad Ham & Cheese Sand. Cucumber & Onion Salad, Potato Chips</p>	<p>12 Braised Pork Tips Spinach w/Garlic Cherry Crisp Rice Pilaf Chicken Tenders Green Beans Buttered Noodles</p>	<p>13 Herb Baked Fish Asparagus Cuts Lemon Bar Buttered Orzo Smothered Turkey Patty Parsley Carrots Redskin Potatoes</p>	<p>14 Fried Chicken Kernel Corn Scalloped Apples Garlic Mashed Pot. Salisbury Steak w/ Gravy, Broccoli Florets Egg Noodles</p>
<p>15 Savory Roasted Pork Loin Zucchini & Onions Pear Crisp Yellow Rice Hamburger Steak w/ Onions, Spinach Redskin Potatoes</p>	<p>16 Homestyle Meatloaf w/Ketchup Peas & Carrots Spiced Apple Duchess Mashed Pot. Lemon Pepper Fish Roasted Tomato halves, Kernel Corn</p>	<p>17 Thyme Chicken Breast Capri Veg. Blend Chocolate Pudding Parfait, Mushroom Noodles Meatballs/gravy, peas Parsley Rice</p>	<p>18 Italian Sausage Green Beans Lemon Cake w/Icing Garlic Potato Wedges Breaded Chicken/Bun Kernel Corn Herb Noodles</p>	<p>19 Lasagna w/ Meat Sauce Caesar Salad Garlic Breadstick Tropical Fruit Salad Egg Salad Sandwich Cucumber Salad Potato Chips</p>	<p>20 Breaded Fish Fillet Spinach Sour Cream Orange Cake, Au Gratin Pot. Salisbury Steak Carrots Buttered Rice</p>	<p>21 Turkey Rice Casserole Broccoli Florets Chilled Pears Glazed Baked Ham Kernel Corn Parsley Orzo</p>
<p>22 Fried Chicken Calico Coleslaw Cornbread Deluxe Fruit Salad Ranch Potato Wedges Tuna Salad Sandwich Cucumber & Onion Salad, Mac Salad</p>	<p>23 Honey Glazed Ham Broccoli Florets Pineapple Tidbits Whipped Sweet Potatoes Herbed Chicken Kernel Corn, Noodles</p>	<p>24 Baked Ziti with Meat Sauce Spinach w/Garlic Parmesan breadstick Chocolate Cream Pie Egg Salad Sandwich Green Bean Salad Potato Chips</p>	<p>25 Rosemary Pork Loin Asparagus Cuts Tropical Fruit Salad Mushroom Rice Sweet & Sour Meatballs Carrots, Egg Noodles</p>	<p>26 Beef Pepper Steak w/ Gravy Green Beans Strawberry Shortcake Garlic Mashed Potato BBQ Pork Chop Capri Veg. Blend Yellow Rice</p>	<p>27 Butter Crumb Fish Fillet Sugar Snap Peas Fruit Cocktail Herb Potato Wedges Smothered Turkey Patty, Carrots Parmesan Noodles</p>	<p>28 Honey Dijon Chicken Breast Capri Veg. Blend Cherry Cheesecake Rice Pilaf Hamburger on a Bun Green Peas Buttered Orzo</p>
<p>29 Roast Beef Au Jus Sauteed Spinach Apple Crisp, Garlic & Rosemary Potatoes Basil Pork Chop, Zucchini, Buttered Rice</p>	<p>30 Chicken Parmesan Green Beans Garlic Breadstick Peach Shortcake Herb Ziti Lemon Pepper Fish Carrots, Potatoes</p>	<p>LUNCH MENU Regular Alternate</p>			<p>**Meals served with Coffee or Hot Tea, Milk, Dinner Roll/ Bread</p>	

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Turkey Salad Sandwich Cucumber Salad Peanut Butter Cookie Creamy Dill Mac Salad Egg Salad Sandwich Broccoli Salad Potato Salad</p>	<p>2 Swiss Steak w/ Gravy Kernel Corn Seedless Watermelon Herb Mashed Potato Baked Mac & Cheese Spinach</p>	<p>3 Thin Crust Cheese Pizza Tossed Salad Chocolate Chip Cookie w/White Frosting Meatballs w/Gravy Broccoli Florets Egg Noodles</p>	<p>4 Honey Glazed Turkey w/Poultry Gravy Herbed Green Beans Fruit Cocktail Baked Potato Herb Baked Fish Zucchini Steamed Rice</p>	<p>5 Thyme Chicken Breast Green Peas Black Forest Cake Buttered Rice Cheese Quiche Capri Veg. Blend</p>	<p>6 Baked Ziti with Cheese Caesar Salad Garlic Bread Butterscotch Pudding Smothered Turkey Patty, Green Peas Mashed Potatoes</p>	<p>7 Philly Cheese Steak Sandwich Mixed Veg. Salad Chilled Peach Parfait French Fries Breaded Chicken on a Bun, Squash Medley Macaroni Salad</p>
<p>8 Kielbasa Sausage Braised Cabbage Pineapple Tidbits Garlic Redskin Potato ButterCrumb Fish Kernel Corn Parsley Noodles</p>	<p>9 Chicken Soft Taco w/Flour Tortilla Salsa Salad Tropical Fruit Salad Black Beans Garlic Pork Chop Spinach Yellow Rice</p>	<p>10 BBQ Pork Platter Southern Style Green Beans, Cornbread Blonde Brownie Sweet Potato Swedish Meatballs Carrots Parmesan Noodles</p>	<p>11 Beef Pepper Steak w/Gravy Green Peas Choc. Chip Cookie Mashed Potatoes Lemon Pepper Chicken, Zucchini Seasoned Rice</p>	<p>12 Tuna Melt Sandwich Broccoli Salad Seedless Watermelon French Fries Hamburger on a Bun Capri Veg. Blend Garden Pasta Salad</p>	<p>13 Cheese Ravioli w/ Meat Sauce Caesar Salad Garlic Breadstick Chilled Peach Parfait Chicken Fillet on Bun Squash Salad Potato Chips</p>	<p>14 Hot Dog on a Bun Baked Beans Cucumber & Onion Salad, S'more Brownie Breaded Fish Fillet Calico Coleslaw Mac & Cheese</p>
<p>15 Chicken Tenders Mixed Veg. Salad Peanut Butter Cookie French Fries Vegetable Quiche Tossed Salad</p>	<p>16 Citrus Glazed Turkey w/Gravy Broccoli Florets Orange Sherbet Rice Pilaf Honey Dijon Pork Chop, Green Beans Sweet Potato</p>	<p>17 Ham & Swiss Sandwich on Wheat Calico Coleslaw Fresh Fruit Cup Potato Chips Tuna Salad Sandwich Tomato & Onion Salad Macaroni Salad</p>	<p>18 Herb & Lemon Fish Fillet Sugar Snap Peas Chilled Peach Parfait Buttered Orzo Chicken Breast Zucchini Parsley Rice</p>	<p>19 Rancher's Chicken Breast Squash Medley Chocolate Brownie Baked Potato BBQ Pork Chop Capri Veg. Blend Egg Noodles</p>	<p>20 Baked Macaroni & Cheese Stewed Tomatoes Seedless Watermelon Thin Crust Cheese Pizza Tossed Salad</p>	<p>21 Cheeseburger on a Bun Cucumber & Onion Salad Choc. Chip Cookie Tater Tots Hot Dog on a Bun Baked Beans Green Bean Salad</p>
<p>22 Swedish Meatballs Green Peas Peach Pie w/Crumb Topping, Butter Noodles Garlic Pork Chop Carrots, Mashed Pot.</p>	<p>23 Breaded Fish Fillet Squash Medley Lemon Cake/Icing Cheesy Rice Smothered Steak Capri Veg. Blend Parsley Orzo</p>	<p>24 Tomato Soup w/ Grilled Ham & Cheese Sandwich Tossed Salad, Fruit Cup, French Fries Chicken Fillet/Bun Dixie Coleslaw Kernel Corn</p>	<p>25 chicken Enchilada Casserole Salsa Salad Blonde Brownie Black Beans Beef Stuffed Green Peppers Braised Cabbage</p>	<p>26 Cheese Ravioli w/ Sauce Caesar Salad Garlic Bread Seedless Watermelon Salisbury Steak Spinach Parsley Rice</p>	<p>27 Chicken Salad on Croissant Cucumber & Tomato Salad Snickerdoodle Cookie Mac Salad Thin Crust Cheese Pizza, Broccoli Salad</p>	<p>28 Kielbasa Sausage Seasoned Cabbage Chilled Peach Parfait Mashed Potatoes Chicken Tenders Green Beans Herb Noodles</p>
<p>29 Turkey Salad Sandwich Cucumber Salad Peanut Butter cookie Dill Macaroni Salad Egg Salad Sandwich Broccoli Salad Potato Chips</p>	<p>30 Swiss Steak w/ Gravy Kernel Corn Seedless Watermelon Herb Mashed Potato Baked Mac & Cheese Spinach</p>		<p><u>DINNER MENU</u> Regular Alternate</p>			<p>**Meals served with Coffee or Hot Tea, Milk and Dinner Roll/ Bread</p>