



2019 *March* 2019
Nursing Home Menu



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

LUNCH MENU
Regular
Alternate

LUNCH MENU Regular Alternate						1	Fish Fry Potato Salad Coleslaw Mandarin Oranges Hot Turkey Sandwich w/ Gravy Harvard Beets	2	Breaded Pork Chop Baked Potato w/ Sour Cream Hubbard Squash Pineapple Tidbits Teriyaki Burger Mashed Potatoes				
						3	Pot Roast w/Gravy Red Potatoes Baby Carrots Cheesecake w/ Dessert Sauce Four Cheese Pasta Stewed Tomatoes	4	Italian Chicken Noodles Capri Blend Veggies. Blushing Pears Salmon Patty w/ Dill Sauce Mashed Potatoes	5	Ginger Baked Ham Au Gratin Potatoes California Blend Veg Molasses Cookie Stuffed Peppers w/ Meat Sauce Mashed Potatoes	6	Pepper Steak Mashed Potatoes w/Gravy Prince Edward Veggies. Peaches Turkey Tetrazzini Spinach
10	Roast Turkey w/Gravy Stuffing Green Beans w/ Sour Cream Cranberry Sauce Dutch Apple Pie Corned Beef	11	Chicken Parmesan Penne Pasta w/ Marinara Sauce Tossed Salad Ice Cream Italian Baked Fish Mashed Potatoes	12	Roast Pork w/Gravy Mashed Potatoes Hubbard Squash Warm Cinnamon Apples Honey Orange Chicken Breast	13	Beef Stroganoff Roasted Brussel Sprouts Mandarin Oranges Vegetable Lasagna w/Alfredo Sauce Green Beans	14	Turkey Pot Pie Mixed Vegetables Pumpkin Crunch Salmon Patty w/ Dill Sauce	15	Fried Fish Sweet Potato Fries Coleslaw Tropical Fruit Salad Mexican Omelet w/Sour Cream & Salsa Hash Brown Patty	16	Ham & Potato Cheddar Bake Spinach Pears BBQ Chicken Drumsticks Mashed Potatoes
17	Corn Beef Boiled Potatoes Cabbage Carrots Shamrock Cookie Swiss Steak Mashed Potatoes	18	Turkey Ala King over Biscuits Peas Peaches & Cream Broccoli Cheese Frittata Home Fries	19	Meatloaf w/Ketchup Rosemary Red Potatoes Roasted Brussel Sprouts Gingerbread w/Topping Honey Garlic Pork Chop Mashed Potatoes	20	Creamy Noodles & Ham Mixed Vegetables Mandarin Oranges Breaded Fish w/ Cheese on a Bun Lettuce & Tomato	21	Chili Cornbread Tossed Salad Peanut Butter Cookie Parmesan Crusted Chicken Breast Rice Pilaf	22	Panko Breaded Fish Tater Tots Coleslaw Chocolate Mousse Spaghetti & Meatballs Zucchini	23	Smothered Chicken Sour Cream & Chive Mashed Potatoes Carrots Blushing Pears Vegetable Lasagna w/Alfredo Sauce
24	Brown Sugar Glazed Ham Sweet Potatoes Broccoli Pumpkin Whip Chopped Steak w/ Mushroom Gravy Mashed Potatoes	25	Spaghetti & Meatballs Tossed Salad Pears Ham Loaf w/Fruit Sauce Parmesan Potato	26	Sweet & Sour Pork over Rice Oriental Blend Veggies. Texas Sheet Cake Italian Baked Fish Sweet Potato Cauliflower	27	Beef Stew over Biscuit Buttered Corn Peaches Breaded Chicken Drumsticks Mashed Potatoes	28	Chicken Alfredo over Linguini Broccoli Apple Crisp Liver & Onions Buttered Noodles	29	Fish Fry Potato Salad Coleslaw Mandarin Oranges Hot Turkey Sandwich w/ Gravy Harvard Beets	<p style="text-align: center;">3/10/19</p>	



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SATURDAY

DINNER MENU

Regular
Alternate

DINNER MENU					1 Goulash Roasted Zucchini Peanut Butter Brownie Bologna & Cheese Sandwich Succotash	2 White Pizza on Flatbread Tossed Salad Jello w/Topping Egg & Cheese on Croissant Peas & Onions
3 Taco Casserole Chuckwagon Corn Fruit Cocktail Monti Cristo Sandwich 3 Bean Salad	4 Homemade Bean Soup Honey Mustard Turkey Sandwich on Flatbread Banana Chocolate Chip Muffin Philly Cheesesteak	5 Homemade Corn Chowder Chicken Cordon Bleu on Bun Tropical Fruit Salad Breaded Fish Sandwich on Bun Italian Blend Veggies.	6 Macaroni & Cheese Stewed Tomatoes Fudgesicle Grilled Rubeen on Rye Wax Beans	7 Bratwurst Pierogi's Sauerkraut Cinnamon Applesauce Cheesburger on Bun w/Lettuce & Tomato	8 Ham & Swiss on Rye Bread Dill Pickle Pickled Beets Pumpkin Cream Cheese Cookie Sandwich Grilled Pot Roast Sandwich	9 Chicken Noodle Soup Roast Beef Sub w/ Lettuce & Tomato 3 Bean Salad Orange Slices Sausage Gravy over Biscuit
10 Italian Beef Casserole Mixed Vegetables Pineapple Tidbits Tuna Melt Sandwich Peas & Carrots	11 Chili & Cheese Corn Muffin Chuckwagon Corn Peach & Pear Mix Tomato Soup Deluxe Grilled Cheese	12 Tuna Noodle Casserole Peas Fruit Cocktail Cold Meatloaf Sandwich Cucumber Salad	13 Potato Bacon Soup Ham Salad on Brioche Roll Lettuce & Tomato Marble Cake Open Faced Hot Turkey Sandwich	14 Italian Sausage Tortellini Alfredo Scandinavian Blend Pineapple Tidbits Dijon Grilled Chicken Sandwich on Roll 3 Bean Salad	15 Spanish Rice Prince Edward Vegetables Apple Orchard Bar Pulled Pork Empanada Tossed Salad	16 Homemade French Onion Soup Shepard's Pie Chocolate Chip Cookie Turkey Club on Croissant Capri Blend Veggies.
17 Hot Dog on Roll w/Cheese Sauce Baked Beans California Blend Veg. Fruited Jello/Topping Chipped Beef over Toast Wax Beans	18 Homemade Italian Wedding Soup Tuna Sub w/Lettuce & Tomato Spice Cake BBQ Ribs on Bun Oriental Vegetables	19 Chicken Tenders French Fries Tomato Juice Cinnamon Applesauce Liverwurst on Rye Yellow Squash	20 Homemade Broccoli & Cheese Soup Swiss Mushroom Burger on Bun Cranberry Crunch w/Topping Deluxe Egg Salad	21 Homemade Vegetable Soup Fried Bologna & Onion Sandwich Fruit Cocktail Turkey & Cheese Sandwich Pickled Beets	22 Corned Beef Hash Green Beans Dinner Roll Banana Grilled Cheese & Tomato Sandwich California Blend	23 Sloppy Joe on a Bun Cauliflower Fruit Cobbler Tuna Salad Pita Italian Blend Veggies.
24 Pepperoni Pizza on Sour Dough 3 Bean Salad Tropical Fruit Egg & Cheese on an English Muffin Zucchini & Tomatoes	25 Homemade Mushroom Barley Soup Breaded Chicken Sandwich on Bun Sherbet Grilled Rubeen on Rye	26 Warm Turkey & Cheddar Sandwich on Croissant Carrots Grapes Belgium Waffle Ham Steak	27 Tomato Basil Soup Grilled Cheese Sandwich Chiffon Whip BLT on Toast Key Largo Veggies.	28 Homemade California Medley Soup BBQ Pork on Bun Cantaloupe Deluxe Egg Salad Sandwich Green Beans	29	<p style="text-align: center; color: blue; font-weight: bold;">3/10/19</p>