



2019

January

Nursing Home Menu

2019



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

LUNCH MENU

Regular
Alternate

		1	Sweet & Sour Pork over Rice Oriental Blend Veggies. Texas Sheet Cake Italian Baked Fish Sweet Potato Cauliflower	2	Beef Stew over Biscuit Buttered Corn Peaches Breaded Chicken Drumsticks Mashed Potatoes	3	Chicken Alfredo over Linguini Broccoli Apple Crisp Liver & Onions Buttered Noodles	4	Fish Fry Potato Salad Coleslaw Mandarin Oranges Hot Turkey Sandwich w/ Gravy Harvard Beets	5	Breaded Pork Chop Baked Potato w/ Sour Cream Hubbard Squash Pineapple Tidbits Teriyaki Burger Mashed Potatoes		
6	Pot Roast w/Gravy Red Potatoes Baby Carrots Cheesecake w/ Dessert Sauce Four Cheese Pasta Stewed Tomatoes	7	Italian Chicken Noodles Capri Blend Veggies. Blushing Pears Salmon Patty w/ Dill Sauce Mashed Potatoes	8	Ginger Baked Ham Au Gratin Potatoes California Blend Veg Molasses Cookie Stuffed Peppers w/ Meat Sauce Mashed Potatoes	9	Pepper Steak Mashed Potatoes w/Gravy Prince Edward Veggies. Peaches Turkey Tetrazzini Spinach	10	BBQ Chicken Quarters Roasted Red Potato Winter Blend Veggies. Vanilla Cupcake Lemon Pepper Fish Mashed Potatoes	11	Homemade Lasagna Tossed Salad Garlic Bread Grapes 3 Cheese Quiche O'Brien Potatoes	12	Apple Spiced Pork Roast Baked Potato w/ Sour Cream Brussel Sprouts Jello Cubes w/Topping Marinated Chicken Breast
13	Roast Turkey w/Gravy Stuffing Green Beans w/ Sour Cream Cranberry Sauce Dutch Apple Pie Corned Beef	14	Chicken Parmesan Penne Pasta w/ Marinara Sauce Tossed Salad Ice Cream Italian Baked Fish Mashed Potatoes	15	Roast Pork w/Gravy Mashed Potatoes Hubbard Squash Warm Cinnamon Apples Honey Orange Chicken Breast	16	Beef Stroganoff Roasted Brussel Sprouts Mandarin Oranges Vegetable Lasagna w/Alfredo Sauce Green Beans	17	Corn Beef Boiled Potato Cabbage & Carrots Pumpkin Crunch Turkey Pot Pie Mixed Vegetables	18	Fried Fish Sweet Potato Fries Coleslaw Tropical Fruit Salad Mexican Omelet w/Sour Cream & Salsa Hash Brown Patty	19	Ham & Potato Cheddar Bake Spinach Pears BBQ Chicken Drumsticks Mashed Potatoes
20	Swiss Steak Mashed Potatoes Broccoli Cheddar Bake Cheesecake w/ Dessert Sauce Salmon Patty w/ Dill Sauce	21	Turkey Ala King over Biscuits Peas Peaches & Cream Broccoli Cheese Frittata Home Fries	22	Meatloaf w/Ketchup Rosemary Red Potatoes Roasted Brussel Sprouts Gingerbread w/Topping Honey Garlic Pork Chop Mashed Potatoes	23	Creamy Noodles & Ham Mixed Vegetables Mandarin Oranges Breaded Fish w/ Cheese on a Bun Lettuce & Tomato	24	Chili Cornbread Tossed Salad Peanut Butter Cookie Parmesan Crusted Chicken Breast Rice Pilaf	25	Panko Breaded Fish Tater Tots Coleslaw Chocolate Mousse Spaghetti & Meatballs Zucchini	26	Smothered Chicken Sour Cream & Chive Mashed Potatoes Carrots Blushing Pears Vegetable Lasagna w/Alfredo Sauce
27	Brown Sugar Glazed Ham Sweet Potatoes Broccoli Pumpkin Whip Chopped Steak w/ Mushroom Gravy Mashed Potatoes	28	Spaghetti & Meatballs Tossed Salad Pears Ham Loaf w/Fruit Sauce Parmesan Potato	29	Sweet & Sour Pork over Rice Oriental Blend Veggies. Texas Sheet Cake Italian Baked Fish Sweet Potato Cauliflower	30	Beef Stew over Biscuit Buttered Corn Peaches Breaded Chicken Drumsticks Mashed Potatoes	31	Chicken Alfredo over Linguini Broccoli Apple Crisp Liver & Onions Buttered Noodles				



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SUNDAY

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THURSDAY

FRIDAY

SATURDAY

DINNER MENU

Regular
Alternate

	1	Warm Turkey & Cheddar Sandwich on Croissant Carrots Grapes Belgium Waffle Ham Steak	2	Tomato Basil Soup Grilled Cheese Sandwich Chiffon Whip BLT on Toast Key Largo Veggies.	3	Homemade California Medley Soup BBQ Pork on Bun Cantaloupe Deluxe Egg Salad Sandwich Green Beans	4	Goulash Roasted Zucchini Peanut Butter Brownie Bologna & Cheese Sandwich Succotash	5	White Pizza on Flatbread Tossed Salad Jello w/Topping Egg & Cheese on Croissant Peas & Onions
6	7	8	9	10	11	12				
Taco Casserole Chuckwagon Corn Fruit Cocktail Monti Cristo Sandwich 3 Bean Salad	Homemade Bean Soup Honey Mustard Turkey Sandwich on Flatbread Banana Chocolate Chip Muffin Philly Cheesesteak	Homemade Corn Chowder Chicken Cordon Bleu on Bun Tropical Fruit Salad Breaded Fish Sandwich on Bun Italian Blend Veggies.	Macaroni & Cheese Stewed Tomatoes Fudgesicle Grilled Ryebein on Rye Wax Beans	Bratwurst Pierogi's Sauerkraut Cinnamon Applesauce Cheeseburger on Bun w/Lettuce & Tomato	Ham & Swiss on Rye Bread Dill Pickle Pickled Beets Pumpkin Cream Cheese Cookie Sandwich Grilled Pot Roast Sandwich	Chicken Noodle Soup Roast Beef Sub w/ Lettuce & Tomato 3 Bean Salad Orange Slices Sausage Gravy over Biscuit				
13	14	15	16	17	18	19				
Italian Beef Casserole Mixed Vegetables Pineapple Tidbits Tuna Melt Sandwich Peas & Carrots	Chili & Cheese Corn Muffin Chuckwagon Corn Peach & Pear Mix Tomato Soup Deluxe Grilled Cheese	Tuna Noodle Casserole Peas Fruit Cocktail Cold Meatloaf Sandwich Cucumber Salad	Potato Bacon Soup Ham Salad on Brioche Roll Lettuce & Tomato Marble Cake Open Faced Hot Turkey Sandwich	Italian Sausage Tortellini Alfredo Scandinavian Blend Pineapple Tidbits Dijon Grilled Chicken Sandwich on Roll 3 Bean Salad	Spanish Rice Prince Edward Vegetables Apple Orchard Bar Pulled Pork Empanada Tossed Salad	Homemade French Onion Soup Shepard's Pie Chocolate Chip Cookie Turkey Club on Croissant Capri Blend Veggies.				
20	21	22	23	24	25	26				
Hot Dog on Roll w/Cheese Sauce Baked Beans California Blend Veg. Fruited Jello/Topping Chipped Beef over Toast Wax Beans	Homemade Italian Wedding Soup Tuna Sub w/Lettuce & Tomato Spice Cake BBQ Ribs on Bun Oriental Vegetables	Chicken Tenders French Fries Tomato Juice Cinnamon Applesauce Liverwurst on Rye Yellow Squash	Homemade Broccoli & Cheese Soup Swiss Mushroom Burger on Bun Cranberry Crunch w/Topping Deluxe Egg Salad	Homemade Vegetable Soup Fried Bologna & Onion Sandwich Fruit Cocktail Turkey & Cheese Sandwich Pickled Beets	Corned Beef Hash Green Beans Dinner Roll Banana Grilled Cheese & Tomato Sandwich California Blend	Sloppy Joe on a Bun Cauliflower Fruit Cobbler Tuna Salad Pita Italian Blend Veggies.				
27	28	29	30	31						
Pepperoni Pizza on Sour Dough 3 Bean Salad Tropical Fruit Egg & Cheese on an English Muffin Zucchini & Tomatoes	Homemade Mushroom Barley Soup Breaded Chicken Sandwich on Bun Sherbet Grilled Ryebein on Rye	Warm Turkey & Cheddar Sandwich on Croissant Carrots Grapes Belgium Waffle Ham Steak	Tomato Basil Soup Grilled Cheese Sandwich Chiffon Whip BLT on Toast Key Largo Veggies.	Homemade California Medley Soup BBQ Pork on Bun Cantaloupe Deluxe Egg Salad Sandwich Green Beans						