



2018

# OCTOBER Nursing Home Menu

2018



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p>1 <b>Turkey Ala King over Biscuits</b> Peas Peaches &amp; Cream <b>Broccoli Cheese Frittata</b> <b>Home Fries</b></p>	<p>2 <b>Meatloaf w/Ketchup</b> Rosemary Red Potatoes Roasted Brussel Sprouts Gingerbread w/Topping <b>Honey Garlic Pork Chop</b> <b>Mashed Potatoes</b></p>	<p>3 <b>Creamy Noodles &amp; Ham</b> Mixed Vegetables Mandarin Oranges <b>Breaded Fish w/ Cheese on a Bun</b> <b>Lettuce &amp; Tomato</b></p>	<p>4 <b>Chili</b> Cornbread Tossed Salad Peanut Butter Cookie <b>Parmesan Crusted Chicken Breast</b> <b>Rice Pilaf</b></p>	<p>5 <b>Panko Breaded Fish</b> Tater Tots Coleslaw Chocolate Mousse <b>Spaghetti &amp; Meatballs</b> <b>Zucchini</b></p>	<p>6 <b>Smothered Chicken</b> Sour Cream &amp; Chive Mashed Potatoes Carrots Blushing Pears <b>Vegetable Lasagna w/Alfredo Sauce</b></p>
<p>7 <b>Brown Sugar Glazed Ham</b> Sweet Potatoes Broccoli Pumpkin Whip <b>Chopped Steak w/ Mushroom Gravy</b> <b>Mashed Potatoes</b></p>	<p>8 <b>Spaghetti &amp; Meatballs</b> Tossed Salad Pears <b>Ham Loaf w/Fruit Sauce</b> <b>Parmesan Potato</b></p>	<p>9 <b>Sweet &amp; Sour Pork over Rice</b> Oriental Blend Veggies. Texas Sheet Cake <b>Italian Baked Fish</b> <b>Sweet Potato Cauliflower</b></p>	<p>10 <b>Beef Stew over Biscuit</b> Buttered Corn Peaches <b>Breaded Chicken Drumsticks</b> <b>Mashed Potatoes</b></p>	<p>11 <b>Chicken Alfredo over Linguini</b> Broccoli Apple Crisp <b>Liver &amp; Onions</b> <b>Buttered Noodles</b></p>	<p>12 <b>Fish Fry</b> Potato Salad Coleslaw Mandarin Oranges <b>Hot Turkey Sandwich w/ Gravy</b> <b>Harvard Beets</b></p>	<p>13 <b>Breaded Pork Chop</b> Baked Potato w/ Sour Cream Hubbard Squash Pineapple Tidbits <b>Teriyaki Burger</b> <b>Mashed Potatoes</b></p>
<p>14 <b>Pot Roast w/Gravy</b> Red Potatoes Baby Carrots Cheesecake w/ Dessert Sauce <b>Four Cheese Pasta</b> <b>Stewed Tomatoes</b></p>	<p>15 <b>Italian Chicken Noodles</b> Capri Blend Veggies. Blushing Pears <b>Salmon Patty w/ Dill Sauce</b> <b>Mashed Potatoes</b></p>	<p>16 <b>Ginger Baked Ham</b> Au Gratin Potatoes California Blend Veg Choc. Chip Cookie <b>Stuffed Peppers w/ Meat Sauce</b> <b>Mashed Potatoes</b></p>	<p>17 <b>Pepper Steak</b> Mashed Potatoes w/Gravy Prince Edward Veggies. Peaches <b>Turkey Tetrazzini</b> <b>Spinach</b></p>	<p>18 <b>BBQ Chicken Quarters</b> Roasted Red Potato Winter Blend Veggies. Vanilla Cupcake <b>Lemon Pepper Fish</b> <b>Mashed Potatoes</b></p>	<p>19 <b>Homemade Lasagna</b> Tossed Salad Garlic Bread Grapes <b>3 Cheese Quiche</b> <b>O'Brien Potatoes</b></p>	<p>20 <b>Apple Spiced Pork Roast</b> Baked Potato w/ Sour Cream Brussel Sprouts Jello Cubes w/Topping <b>Marinated Chicken Breast</b></p>
<p>21 <b>Roast Turkey w/Gravy</b> Stuffing Green Beans w/ Sour Cream Cranberry Sauce Dutch Apple Pie <b>Corned Beef</b></p>	<p>22 <b>Chicken Parmesan</b> Penne Pasta w/ Marinara Sauce Tossed Salad Ice Cream <b>Italian Baked Fish</b> <b>Mashed Potatoes</b></p>	<p>23 <b>Roast Pork w/Gravy</b> Mashed Potatoes Hubbard Squash Warm Cinnamon Apples <b>Honey Orange Chicken Breast</b></p>	<p>24 <b>Beef Stroganoff</b> Roasted Brussel Sprouts Mandarin Oranges <b>Vegetable Lasagna w/Alfredo Sauce</b> <b>Green Beans</b></p>	<p>25 <b>Corn Beef</b> Boiled Potato Cabbage &amp; Carrots Pumpkin Crunch <b>Turkey Pot Pie</b> <b>Mixed Vegetables</b></p>	<p>26 <b>Fried Fish</b> Sweet Potato Fries Coleslaw Tropical Fruit Salad <b>Mexican Omelet w/Sour Cream &amp; Salsa</b> <b>Hash Brown Patty</b></p>	<p>27 <b>Ham &amp; Potato Cheddar Bake</b> Spinach Pears <b>BBQ Chicken Drumsticks</b> <b>Mashed Potatoes</b></p>
<p>28 <b>Swiss Steak</b> Mashed Potatoes Broccoli Cheddar Bake Cheesecake w/ Dessert Sauce <b>Stuffed Shells w/ Meat Sauce</b></p>	<p>29 <b>Turkey Ala King over Biscuits</b> Peas Peaches &amp; Cream <b>Broccoli Cheese Frittata</b> <b>Home Fries</b></p>	<p>30 <b>Meatloaf w/Ketchup</b> Rosemary Red Potatoes Roasted Brussel Sprouts Gingerbread w/Topping <b>Honey Garlic Pork Chop</b> <b>Mashed Potatoes</b></p>	<p>31 <b>Creamy Noodles &amp; Ham</b> Mixed Vegetables Mandarin Oranges <b>Breaded Fish w/ Cheese on a Bun</b> <b>Lettuce &amp; Tomato</b></p>	<p><b>LUNCH MENU</b> <b>Regular</b> <b>Alternate</b></p>		



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SATURDAY

	<p>1 <b>Homemade Italian Wedding Soup</b> Tuna Sub w/Lettuce &amp; Tomato Spice Cake <b>BBQ Ribs on Bun</b> <b>Oriental Vegetables</b></p>	<p>2 <b>Chicken Tenders</b> French Fries Tomato Juice Cinnamon Applesauce <b>Liverwurst on Rye</b> <b>Yellow Squash</b></p>	<p>3 <b>Homemade Broccoli &amp; Cheese Soup</b> Swiss Mushroom Burger on Bun Cranberry Crunch w/Topping <b>Deluxe Egg Salad</b></p>	<p>4 <b>Homemade Vegetable Soup</b> Fried Bologna &amp; Onion Sandwich Fruit Cocktail <b>Turkey &amp; Cheese Sandwich</b> <b>Pickled Beets</b></p>	<p>5 <b>Corned Beef Hash</b> Green Beans Dinner Roll Banana <b>Grilled Cheese &amp; Tomato Sandwich</b> <b>California Blend</b></p>	<p>6 <b>Sloppy Joe on a Bun</b> Cauliflower Fruit Cobbler <b>Tuna Salad Pita</b> <b>Italian Blend Veggies.</b></p>
<p>7 <b>Pepperoni Pizza on Sour Dough</b> 3 Bean Salad Tropical Fruit <b>Egg &amp; Cheese on an English Muffin</b> <b>Zucchini &amp; Tomatoes</b></p>	<p>8 <b>Homemade Mushroom Barley Soup</b> Breaded Chicken Sandwich on Bun Sherbet <b>Grilled Rubeen on Rye</b></p>	<p>9 <b>Warm Turkey &amp; Cheddar Sandwich on Croissant</b> Carrots Grapes <b>Belgium Waffle</b> <b>Ham Steak</b></p>	<p>10 <b>Tomato Basil Soup</b> Grilled Cheese Sandwich Chiffon Whip <b>BLT on Toast</b> <b>Key Largo Veggies.</b></p>	<p>11 <b>Homemade California Medley Soup</b> BBQ Pork on Bun Cantaloupe <b>Deluxe Egg Salad</b> <b>Sandwich</b> <b>Green Beans</b></p>	<p>12 <b>Goulash</b> Roasted Zucchini Peanut Butter Brownie <b>Bologna &amp; Cheese Sandwich</b> <b>Succotash</b></p>	<p>13 <b>White Pizza on Flatbread</b> Tossed Salad Jello w/Topping <b>Egg &amp; Cheese on Croissant</b> <b>Peas &amp; Onions</b></p>
<p>14 <b>Taco Casserole</b> Chuckwagon Corn Fruit Cocktail <b>Monti Cristo Sandwich</b> <b>3 Bean Salad</b></p>	<p>15 <b>Homemade Bean Soup</b> Honey Mustard Turkey Sandwich on Flatbread Banana Chocolate Chip Muffin <b>Philly Cheesesteak</b></p>	<p>16 <b>Homemade Corn Chowder</b> Chicken Cordon Bleu on Bun Tropical Fruit Salad <b>Breaded Fish Sandwich on Bun</b> <b>Italian Blend Veggies.</b></p>	<p>17 <b>Macaroni &amp; Cheese</b> <b>Stewed Tomatoes</b> <b>Fudgesicle</b> <b>Grilled Rubeen on Rye</b> <b>Wax Beans</b></p>	<p>18 <b>Bratwurst</b> Pierogi's Sauerkraut Cinnamon Applesauce <b>Cheeseburger on Bun w/Lettuce &amp; Tomato</b></p>	<p>19 <b>Ham &amp; Swiss on Rye Bread</b> Dill Pickle Pickled Beets Pumpkin Cream Cheese Cookie Sandwich <b>Grilled Pot Roast Sandwich</b></p>	<p>20 <b>Chicken Noodle Soup</b> Roast Beef Sub w/ Lettuce &amp; Tomato 3 Bean Salad Orange Slices <b>Sausage Gravy over Biscuit</b></p>
<p>21 <b>Italian Beef Casserole</b> Mixed Vegetables Pineapple Tidbits <b>Tuna Melt Sandwich</b> <b>Peas &amp; Carrots</b></p>	<p>22 <b>Chili &amp; Cheese</b> Corn Muffin Chuckwagon Corn Peach &amp; Pear Mix <b>Tomato Soup</b> <b>Deluxe Grilled Cheese</b></p>	<p>23 <b>Tuna Noodle Casserole</b> Peas Fruit Cocktail <b>Cold Meatloaf Sandwich</b> <b>Cucumber Salad</b></p>	<p>24 <b>Potato Bacon Soup</b> Ham Salad on Brioche Roll Lettuce &amp; Tomato Carrot Cake <b>Open Faced Hot Turkey Sandwich</b></p>	<p>25 <b>Italian Sausage</b> Tortellini Alfredo Scandinavian Blend Pineapple Tidbits <b>Dijon Grilled Chicken Sandwich on Roll</b> <b>3 Bean Salad</b></p>	<p>26 <b>Spanish Rice</b> Prince Edward Vegetables Apple Orchard Bar <b>Pulled Pork Empanada</b> <b>Tossed Salad</b></p>	<p>27 <b>Homemade French Onion Soup</b> Shepard's Pie Molasses Cookie <b>Turkey Club on Croissant</b> <b>Capri Blend Veggies.</b></p>
<p>28 <b>Hot Dog on Roll w/Cheese Sauce</b> Baked Beans California Blend Veg. Fruited Jello/Topping <b>Chipped Beef over Toast</b> <b>Wax Beans</b></p>	<p>29 <b>Homemade Italian Wedding Soup</b> Tuna Sub w/Lettuce &amp; Tomato Spice Cake <b>BBQ Ribs on Bun</b> <b>Oriental Vegetables</b></p>	<p>30 <b>Chicken Tenders</b> French Fries Tomato Juice Cinnamon Applesauce <b>Liverwurst on Rye</b> <b>Yellow Squash</b></p>	<p>31 <b>Homemade Broccoli &amp; Cheese Soup</b> Swiss Mushroom Burger on Bun Cranberry Crunch w/Topping <b>Deluxe Egg Salad</b></p>	<p><b>DINNER MENU</b> <b>Regular</b> <b>Alternate</b></p>		