



2018 **MARCH** 2018  
**Nursing Home Menu**



SUNDAY **1/11/18** MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY **1/17/18** SATURDAY

**LUNCH MENU**

**Regular**  
**Alternate**

						<p>1 <b>Hot Turkey Sandwich w/Gravy</b>          Hubbard Squash          Apple Crisp  <b>Liver &amp; Onions</b>  <b>Buttered Noodles</b>  <b>Capri Blend Veggies.</b></p>		<p>2 <b>Fish Fry</b>          Potato Salad          Coleslaw          Mandarin Oranges  <b>Deluxe Dijon</b>  <b>Grilled Chicken on Roll</b>  <b>Tuscany Blend Veg</b></p>		<p>3 <b>Breaded Pork Chop</b>          Baked Potato w/          Sour Cream          Harvard Beets          Pineapple Tidbits  <b>Teriyaki Burger</b>  <b>Mashed Potatoes</b></p>			
<p>4 <b>Pot Roast w/Gravy</b>          Red Potatoes          Baby Carrots          Cheesecake w/          Dessert Sauce  <b>Cheese Frittata</b>  <b>Homefries</b></p>		<p>5 <b>Italian Chicken</b>          Noodles          Capri Blend Veggies.          Blushing Pears  <b>Salmon Patty w/ Dill Sauce</b>  <b>Mashed Potatoes</b></p>		<p>6 <b>Ginger Baked Ham</b>          Au gratin Potatoes          California Blend Veg.          Chocolate Chip          Cookie  <b>Stuffed Peppers w/ Meat Sauce</b></p>		<p>7 <b>Beef on Weck w/Horseradish</b>          Potato Salad          Dill Pickle          Roasted Zucchini          Peaches  <b>Turkey Tetrazzini</b>  <b>Broccoli</b></p>		<p>8 <b>Lemon Pepper Fish</b>          Sweet Potato          Casserole          Coleslaw          Vanilla Cupcake  <b>Julienne Salad</b>  <b>Breadsticks</b></p>		<p>9 <b>Homemade Lasagna</b>          Garlic Bread          Tossed Salad w/          Dressing          Grapes  <b>3 Cheese Quiche</b>  <b>O'Brien Potatoes</b></p>		<p>10 <b>Apple Spiced Pork Roast</b>          Baked Potato w/          Sour Cream          Tuscany Blend Veggies.          Jello Cubes w/Topping  <b>Marinated Chicken Breast</b></p>	
<p>11 <b>Roast Turkey w/Gravy</b>          Stuffing          Green Beans w/          Sour Cream          Cranberry Sauce          Dutch Apple Pie  <b>Corned Beef</b></p>		<p>12 <b>Chicken Parmesan</b>          Penne Pasta w/          Marinara Sauce          Tossed Salad w/          Dressing          Ice Cream  <b>Italian Baked Fish</b></p>		<p>13 <b>Roast Pork w/Gravy</b>          Mashed Potatoes          Hubbard Squash          Warm Cinnamon          Apples  <b>Turkey Pot Pie</b>  <b>Mixed Vegetables</b></p>		<p>14 <b>Beef Stroganoff</b>          Roasted Brussel          Sprouts          Mandarin Oranges  <b>BBQ Pork</b>  <b>Sandwich on Bun</b>  <b>Green Beans</b></p>		<p>15 <b>Corned Beef</b>          Boiled Potatoes,          Cabbage &amp; Carrots          Pumpkin Crunch  <b>Honey Orange</b>  <b>Chicken Quarters</b>  <b>Mashed Potatoes</b>  <b>Diced Beets</b></p>		<p>16 <b>Fried Fish</b>          Sweet Potato Fries          Coleslaw          Tropical Fruit Salad  <b>Mexican Omelet w/ Salsa &amp; Sour Cream</b></p>		<p>17 <b>Ham &amp; Potato Cheddar Bake</b>          Spinach          Pears  <b>BBQ Chicken Breast</b>  <b>Mashed Potatoes</b>  <b>Cauliflower</b></p>	
<p>18 <b>Swiss Steak</b>          Mashed Potatoes          Broccoli Cheddar          Bake          Cheesecake w/          Dessert Sauce  <b>Chicken Alfredo over Linguini</b></p>		<p>19 <b>Turkey Ala King over Biscuit</b>          Peas          Raspberry Peaches  <b>Spinach Frittata</b>  <b>Home Fries</b>  <b>Stewed Tomatoes</b></p>		<p>20 <b>Meatloaf w/Ketchup</b>          Mashed Potatoes          Garlic Roasted          Brussel Sprouts          Gingerbread w/          Topping  <b>Polish Sausage</b></p>		<p>21 <b>Creamy Noodles &amp; Ham</b>          Mixed Vegetables          Mandarin Oranges  <b>Breaded Fish &amp; Cheese on Bun w/ Lettuce &amp; Tomato</b></p>		<p>22 <b>Chili</b>          Cornbread          Tossed Salad w/          Dressing          Ice Cream  <b>Parmesan Crusted Chicken</b>  <b>Rice Pilaf</b></p>		<p>23 <b>Panko Breaded Fish</b>          Tater Tots          Coleslaw          Peanut Butter          Cookie  <b>Sausage Potato Casserole</b></p>		<p>24 <b>Smothered Chicken</b>          Baked Potato w/          Sour Cream          Carrots          Blushing Pears  <b>Vegetable Lasagna w/Alfredo Sauce</b></p>	
<p>25 <b>Brown Sugar Glazed Ham</b>          Sweet Potatoes          Broccoli          Pumpkin Pie w/          Topping  <b>Chopped Steak w/ Gravy</b></p>		<p>26 <b>Spaghetti &amp; Meatballs</b>          Tossed Salad w/          Dressing          Pears  <b>Ham Loaf/Fruit Sauce</b>  <b>Parmesan Potatoes</b></p>		<p>27 <b>Sweet &amp; Sour Pork over Rice</b>          Oriental Blend Veggies.          Texas Sheet Cake  <b>Italian Baked Fish</b>  <b>Sweet Potato</b>  <b>Broccoli</b></p>		<p>28 <b>Beef Stew over Biscuit</b>          Buttered Corn          Peaches  <b>Breaded Chicken</b>  <b>Drumsticks</b>  <b>Mashed Potatoes</b></p>		<p>29 <b>Hot Turkey Sandwich w/Gravy</b>          Hubbard Squash          Apple Crisp  <b>Liver &amp; Onions</b>  <b>Buttered Noodles</b>  <b>Capri Blend Veggies.</b></p>		<p>30 <b>Fish Fry</b>          Potato Salad          Coleslaw          Mandarin Oranges  <b>Deluxe Dijon</b>  <b>Grilled Chicken on Roll</b>  <b>Tuscany Blend Veg</b></p>		<p>31 <b>Breaded Pork Chop</b>          Baked Potato w/          Sour Cream          Harvard Beets          Pineapple Tidbits  <b>Teriyaki Burger</b>  <b>Mashed Potatoes</b></p>	



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SUNDAY **1/11/18** MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

**DINNER MENU**

**Regular**  
**Alternate**

<p><b>DINNER MENU</b>  <b>Regular</b>  <b>Alternate</b></p>							1	<b>California Medley Soup</b> BBQ Pork on a Bun Cantaloupe <b>Monte Cristo Sandwich</b> Zucchini & Tomatoes	2	<b>Goulash</b> Squash Medley Peanut Butter Brownie <b>Bologna &amp; Cheese Sandwich</b> Succotash	3	<b>White Pizza on Flatbread</b> Tossed Salad w/ Dressing Jello w/Topping <b>Seafood Salad on Croissant</b> Peas & Carrots	
							4	<b>Taco Casserole</b> Chuckwagon Corn Fruit Cocktail <b>Belgium Waffles</b> <b>Ham Steak</b> V-8 Juice	5	<b>Homemade Bean Soup</b> Honey Mustard Turkey Sandwich on Flatbread Tapioca Pudding <b>Philly Cheese Steak on Roll</b>	6	<b>Corn Chowder</b> Chicken Cordon Bleu Sandwich Tropical Fruit Salad <b>Breaded Fish Sandwich on a Bun</b> <b>Prince Edward Veg.</b>	7
11	<b>Beef Noodle Casserole</b> Brussel Sprouts Pineapple Tidbits <b>Tuna Melt Sandwich</b> <b>Winter Blend Veggies.</b>	12	<b>Chili &amp; Cheese</b> Corn Muffin Chuckwagon Corn Peach & Pear Mix <b>Egg &amp; Sausage Empanada</b> Stewed Tomatoes	13	<b>Creamed Tuna over Biscuit</b> Peas Fruit Cocktail <b>Hot Meatloaf Sandwich w/Gravy</b> <b>Oriental Blend Veg.</b>	14	<b>Potato Bacon Soup</b> Turkey Salad on Brioche w/Lettuce & Tomato Carrot Cake <b>Pepperoni Pizza on Sourdough</b>	15	<b>Italian Sausage</b> Tortellini Alfredo Scandinavian Blend Vegetables Pineapple Tidbits <b>Seafood Salad Cold Plate</b>	16	<b>Spanish Rice</b> Prince Edward Veg. Apple Streusel Cake <b>Deluxe Grilled Cheese Sandwich</b> Tomato Soup	17	<b>French Onion Soup</b> Shepard's Pie Pumpkin Cookie <b>Turkey Club on Croissant</b> Capri Blend Veggies.
18	<b>Hot Dog on Rill w/Cheese Sauce</b> Homemade Baked Beans California Blend Veg. Fruit Jello w/Topping <b>Chipped Beef over Toast</b>	19	<b>Italian Wedding Soup</b> Tuna Sub w/Lettuce & Tomato Caramel Delight Pudding <b>BBQ Ribs on a Bun</b> <b>California Blend Veg</b>	20	<b>Chicken Tenders</b> French Fries Tomato Juice Cinnamon Applesauce <b>Liverwurst on Rye</b>	21	<b>Broccoli &amp; Cheese Soup</b> Swiss Mushroom Burger on a Bun Cranberry Crunch w/Topping <b>Cottage Cheese Plate w/Peaches &amp; Pears</b>	22	<b>Vegetable Soup</b> Fried Bologna & Onion Sandwich Fruit Cocktail <b>Turkey &amp; Swiss Sandwich on Wheat</b>	23	<b>Corned Beef Hash</b> Mixed Beans Dinner Roll Banana <b>Deluxe Egg Salad Sandwich</b>	24	<b>Sloppy Joe on a Bun</b> Cauliflower Spice Cake <b>Tuna Salad Pita</b> <b>Italian Blend Veggies.</b>
25	<b>Pizza Empanada</b> 3 Bean Salad Tropical Fruit <b>Egg &amp; Cheese on English Muffin</b> <b>Zucchini &amp; Tomatoes</b>	26	<b>Homemade Mushroom Barley Soup</b> Breaded Chicken Sandwich on Bun Sherbet <b>Grilled Reuben</b> <b>Green Beans</b>	27	<b>Warm Turkey &amp; Cheddar Sandwich on Croissant</b> Carrots Grapes <b>Deluxe Egg Salad Sandwich</b>	28	<b>Tomato Basil Soup</b> Grilled Cheese Sandwich Chiffon Whip <b>BLT on Toast</b> <b>Bermuda Blend Vegetables</b>	29	<b>California Medley Soup</b> BBQ Pork on a Bun Cantaloupe <b>Monte Cristo Sandwich</b> Zucchini & Tomatoes	30	<b>Goulash</b> Squash Medley Peanut Butter Brownie <b>Bologna &amp; Cheese Sandwich</b> Succotash	31	<b>White Pizza on Flatbread</b> Tossed Salad w/ Dressing Jello w/Topping <b>Seafood Salad on Croissant</b> Peas & Carrots