



September 2017

Nursing Home Menu



SUNDAY 9/10/17 MONDAY

TUESDAY

WEDNESDAY

THURSDAY



FRIDAY 9/22/17 SATURDAY



LUNCH MENU

Regular
Alternate



 <p>LUNCH MENU</p> <p>Regular Alternate</p> 						1	<p>Cheddar Baked Fish</p> <p>Fresh Sweet Potato Brussel Sprouts Lemon Bars Julienne Salad Cheesy Breadstick</p>	2	<p>Macaroni & Cheese</p> <p>Stewed Tomatoes Blueberries & Cream Hot Turkey Sandwich w/Gravy Harvard Beets</p>				
3	<p>Pot Roast w/Gravy</p> <p>Mashed Potatoes Carrots Chocolate Cream Pie Salmon Patty w/Dill Sauce</p>	4	<p>BBQ Chicken Quarters</p> <p>Cheesy Potatoes Corn on the Cob Watermelon Lemon Pepper Panko Breaded Fish</p>	5	<p>Meatloaf</p> <p>Baked Potato w/Sour Cream Spinach Strawberry Mousse Sausage & Potato Casserole Mixed Vegetables</p>	6	<p>Italian Sausage on Roll w/Peppers & Onions</p> <p>Macaroni Salad Broccoli Salad Banana Chicken Pasta Primavera</p>	7	<p>Four Cheese Pasta</p> <p>Tossed Salad Melon Mix Salisbury Steak Mashed Potatoes</p>	8	<p>Fried Fish</p> <p>Sweet Potato Tots Coleslaw 7-Up Cake Cornbread Casserole Wax Beans</p>	9	<p>Roast Pork w/Mushroom Sauce</p> <p>Lazy Pierogie Capri Blend Veggies. Cinnamon Applesauce Marinated Chicken</p>
10	<p>Roast Beef & Gravy</p> <p>Mashed Potatoes Broccoli w/Cheese Sauce Cheesecake w/ Dessert Sauce Spinach Frittata</p>	11	<p>Chicken Picatta</p> <p>Sour Cream & Chive Mashed Potatoes Buttered Peas Butterscotch Pudding w/Topping Ravioli w/Meat Sauce</p>	12	<p>Turkey & Broccoli Divan</p> <p>Peppered Rice Chocolate Crinkle Cookie Corn Beef Mashed Potatoes</p>	13	<p>Taco Burgers on a Bun</p> <p>Lettuce, Tomato, Sour Cream Macaroni Salad Pickled Beets/Grapes Breaded Chicken Drumsticks</p>	14	<p>BBQ Pork Chop</p> <p>Home Made Baked Beans Corn on the Cob Cinnamon Applesauce Beef on Weck</p>	15	<p>Scampi Baked Fish</p> <p>Roasted Red Potatoes Broccoli Cheddar Bake Raspberry Cookie Swiss Steak Mashed Potatoes</p>	16	<p>Beef Tips over Noodles</p> <p>Oriental Blend Veggies. Cantaloupe Grilled Chicken Club on Kaiser Roll</p>
17	<p>Ham Loaf w/ Fruit Sauce</p> <p>Parmesan Potatoes Brussel Sprouts Dutch Apple Pie Taco Salad</p>	18	<p>Swedish Meatballs over Noodles</p> <p>Capri Blend Veg. Cherry Poke Cake w/Topping Cheese Frittata O'Brien Potatoes</p>	19	<p>Fried Chicken</p> <p>Dill Potato Salad Buttered Corn Tangerine Mousse Italian Baked Fish Mashed Potatoes</p>	20	<p>BBQ Beef on a Roll</p> <p>Tater Tots Green Beans Pineapple Banana Cup Roast Pork/Gravy Mashed Potatoes</p>	21	<p>Turkey Ala King over Biscuit</p> <p>Buttered Carrots Lemon Pudding w/ Topping Liver & Onions Mashed Potatoes</p>	22	<p>Fried Fish</p> <p>French Fries Coleslaw Ambrosia Salad Roast Beef Mashed Potatoes</p>	23	<p>Lemon Pepper Chicken Quarters</p> <p>Garden Rice Prince Ed. Veggies. Watermelon Teriyaki Beef Patty Mashed Potatoes</p>
24	<p>Root Beer Glazed Ham</p> <p>Sweet Potatoes Cauliflower Strawberry Cream Pie Stuffed Peppers w/ Mozzarella Cheese</p>	25	<p>Country Fried Steak & Gravy</p> <p>Mashed Potatoes Spinach Jello Cubes w/Top. Honey Orange Chicken Quarters Buttered Rice</p>	26	<p>Apple Spiced Pork Roast</p> <p>Roasted Red Potato Oriental Blend Veggies. Cantaloupe Stuffed Shells w/ Meat Sauce</p>	27	<p>Parmesan Crusted Chicken Breast</p> <p>Rice Pilaf Capri Blend Veggies. Pound Cake w/ Strawberries & Top Corned Beef</p>	28	<p>Baked Ziti</p> <p>Garlic Bread Italian Blend Veggies. Pineapple Tidbits Italian Sausage w/ Peppers & Onions</p>	29	<p>Cheddar Baked Fish</p> <p>Fresh Sweet Potato Brussel Sprouts Lemon Bars Julienne Salad Cheesy Breadstick</p>	30	<p>Macaroni & Cheese</p> <p>Stewed Tomatoes Blueberries & Cream Hot Turkey Sandwich w/Gravy Harvard Beets</p>



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DINNER MENU

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								1 Beef & Potato Casserole California Mix Vegetables Fruit Cocktail White Pizza on Flatbread	2 Bacon Chicken Salad on Croissant Lettuce & Tomato Cream of Spinach Soup Banana Meatball Sub				
3 Ham & Scalloped Potato Casserole Baby Carrots Raspberry Peach Slices Grilled Reuben on Rye Bread	4 Texas Hot Dog on a Bun Baked Beans Pasta Salad Chocolate No Bake Cookie Egg & Cheese on English Muffin	5 Grilled Turkey & Cheese Sandwich Tomato Soup Mandarin Oranges Pizza Burger on a Bun	6 Meat Lasagna Green Beans Ice Cream Tuna Salad Sandwich	7 Chicken Monterey Sandwich w/Lettuce & Tomato Broccoli Cheese Soup Jello Cubes w/Top. Bologna & Cheese Sandwich	8 Ham Salad Cold Plate Potato Salad Tomato Basil Salad Pineapple Tidbits Chipped Beef on Toast	9 BBQ Hamburger on a Bun Onion Rings Cheesy Pea Salad Cream Raspberry Dessert Liverwurst on Wheat	10 Deluxe Grilled Cheese Barley Mushroom Soup Peaches Pastrami & Swiss on Rye	11 Roast Beef & Provolone on Brioche Bun Chips Vegetable Salad Mandarin Oranges BBQ Pork Rib Sandwich	12 Fish Sandwich w/Cheese on a Bun Vegetable Soup Honey Dew Cubes Egg & Sausage Empanada	13 Kielbasa Tortellini Alfredo Tossed Salad Pineapple Upside Down Cake Tuna Burger on a Bun	14 Chicken Tenders Steak Fries Tomato Juice Peach Crisp w/ Topping Cold Meatloaf Sandwich	15 Turkey Salad Sandwich Lobster Bisque Sweet Pickles 3 Bean Salad Strawberries Assorted Cheese & Fresh Fruit Plate	16 Cheese Dog on a Roll Pasta Salad Diced Beets Blueberry Cake Grilled Pot Roast Sandwich
17 Sloppy Joe on a Bun Creamy Cauliflower Pears Tuna Salad Wrap w/Shredded Lettuce	18 Grilled Ham & Cheese Sandwich California Medley Soup Grapes Cheeseburger/Bun Lettuce & Tomato	19 Potato Pancakes Sausage Links Tomato Juice Applesauce Crab Salad on a Croissant	20 Vegetable Lasagna w/ Alfredo Sauce Dinner Roll Roasted Zucchini Snicker Doodle Breaded Chicken Breast on a Roll	21 Pepperoni Pizza on Sour Dough Tossed Salad Tropical Fruit Salad Deluxe Egg Salad Sandwich	22 Cottage Cheese Cold Plate w/ Peach & Pear Mix Beef Noodle Soup Banana Muffin Sherbet Grilled Cheese & Tomato Sandwich	23 Polish Sausage German Potato Salad Baby Carrots Brownie Tuna Salad Sandwich	24 Turkey Salad Pita Lettuce & Tomato Italian Wedding Soup Peaches Manicotti w/Meat Sauce	25 Broccoli & Cheese Quiche O'Brien Potatoes Zucchini Mandarin Oranges Monti Cristo Sandwich	26 Tuna Macaroni Salad on Lettuce Leaf w/Tomato Slice Split Pea Soup Dinner Roll Banana Split Dessert Ham & Cheese Frittata	27 Hero Sub w/ Lettuce, Tomato & Cheese Potato Chips Cucumber Dill Salad Pears Deluxe Egg Salad Sandwich	28 Turkey Cold Plate on Lettuce Leaf w/Tomato Slices Dinner Roll Tortellini Salad Fudgesicle Waffles & Ham Slice	29 Beef & Potato Casserole California Mix Vegetables Fruit Cocktail White Pizza on Flatbread	30 Bacon Chicken Salad on Croissant Lettuce & Tomato Cream of Spinach Soup Banana Meatball Sub